

## SUNSHINE COAST ELDER-

### COLLEGE COURSES - FALL 2018

Ages: 55 + years

Pre-registration is required for all courses. All classes \$36.75 (Includes GST) each

### Shakespeare: Villians, Fools and Fary Tales

Villains abound in Shakespeare, as does magic. This course explores high-profile villains like Macbeth and Iago as well as female villains and evil brothers before moving onto fools and clowns and their function in Shakespeare's day. We'll also see how villains and clowns drive magical fantasies such as Midsummer Night's Dream, The Tempest, Pericles, and the Winter's Tale. Presenter: Viveca Ohm

#### Capilano University, Sechelt

Four Thursdays, 10 am - noon, September 6 - 27

### Hot Topics

Get involved in lively, thoughtful discussion on current events or philosophical issues in the comfort of a small group. Participants are invited to research topics, perhaps make presentations, listen and discuss in facilitated discussions. Three topics will be prearranged and the class will choose the remaining ones. Bring material from newspapers, magazines, or other media. Opinions, thoughts and ideas welcomed. Facilitators: Terry Webb & Daryl Stennett

#### Sunshine Coast Arts Centre, Sechelt

Six Mondays, 10 am - 12 noon, September 10 - October 22. No class October 8 (Thanksgiving)

## Artists in the Studio

On five Tuesday mornings, we visit an artist's studios. We'll see them at work and how they work. They'll tell us how they got interested in art, and talk about their mentors, their technique and style, their choice of medium and material, and how these have changed and evolved over time. This is a privileged private peek into the artist's thinking and sources of inspiration. You'll likely be surprised and enlightened! Artists: Theresa Lee, Tim Kline, Marlene Vermeulen, Motoko Baum & Derek Georgeson

#### First session starts at Capilano University, Sechelt, then proceeds to artist's studios

Five Tuesdays, 9:30 am - 12:30 pm, September 11 - October 9

### Imaging Animals. On Badgers, Raccoons & Writing Animal Histories

Popular animal histories generally focus on "charismatic megafauna" like elephants and tigers; realistically animals are more modest. Take badgers: Fierce in their defence, menacing, yet mysterious, badgers have fascinated people for millennia. Similarly, on this continent, raccoons have been both admired and reviled for intelligence, determination and adaptability, while ruthlessly exploited for food and fur. This course considers how humans and animals interact, and how we can learn to think and write about them and their world as they see it. Presenter: Daniel Justice

#### Sunshine Coast Arts Centre, Sechelt

Three Wednesdays, 2 - 4 pm, September 12 - 26

## iPad for Beginners

It's time to gain your iPad independence! We walk through the set-up and basic operation of your iPad. You'll learn how to use iTunes, download apps, set up and use email and other great iPad features you may not even know about! You will need to bring an iPad or iPad mini to class. Presenters: David Marsh & Marcia Timbers

#### Capilano University, Sechelt

One Friday, 9.30 am - 12.30 pm, September 28

### Create Stunning Photos with your iPhone

People love to take pictures with the iPhone, the most popular camera in the world! Yet, few believe that it is good for serious photography. Surely that requires elaborate camera equipment? In fact, the best camera is often the one that's with you - your iPhone - provided you apply composition and light control techniques to create superb photos. We will cover these basic skills, and move on to simple and advanced photo-editing apps to further enhance your images. Finally, we'll review how to share your pictures with family, friends and the greater digital world. Presenter: Jack Pope

#### Capilano University, Sechelt

Three Wednesdays, 1 - 3 pm, October 3 - 17

### Riding the Rollercoaster: Transformation of the BC Economy

The B.C. economy will be examined from pre-Confederation times to the present. Until the 20th century, resource exploitation: logging, mining, fishing - dominated the economy. The next 100 years, with two World Wars, Great Depression and the post-WWII economic boom, saw a gradual shift from resource dependency to uncertainty.

The final session "Resource Reality: the future is now" explores the economy of the new century. Where are the jobs? Where do provincial revenues come from? What has become of the role of resources? Presenter: Brett McGillivray

#### Capilano University, Sechelt

Four Thursdays, 10 am - noon, October 4 - 25

### Revealing the Invisible. The Art & Science of the Microscope

This course introduces microscopy - both as a hobby and a tool for exploration within various scientific disciplines. Firstly, we will deal with the history of the microscope and its use in science, with practical demonstrations using the CapU laboratory microscopes and A/V system. Then we will carrying out experiments illustrating key aspects of botany, biology and microbiology. Sample preparation and slide making will be covered too. We will learn how to choose a microscope for yourself or a child. Presenter: Michael Bradley

#### Capilano University, Sechelt

Four Fridays, 2 - 4 pm, October 12 - November 2

### Adventures in Travel

As John Steinbeck said: "People don't take trips; trips take people." So, let these stories take you on an adventure.

1. A mother-daughter adventure involving caves and castles, horses and waterfalls, Roman ruins, and festive outdoor markets in Croatia and Slovenia. Viveca Ohm.

2. Jack Stein, a South African who left at the height of apartheid, returns after 53 years and is

excited to see all races intermingling.

3. A photographic journey with Jack Pope, through Southern Spain and Morocco.

4. It took a plane, a boat, train, car, scooter and a tuk tuk to get Laura and John Maddalozzo to their daughter's wedding in Ho Chi Minh City. And then to other parts of Vietnam, Cambodia, and, finally, Sri Lanka, the groom's homeland

#### **Capilano University, Sechelt**

Four Tuesdays, 2 - 4 pm, October 16 - November 6

### **Foraging for Mushrooms**

Discover the wonders of our local forest mushrooms and the joy of hunting for these delectable edibles. An initial session at the Sechelt CapU campus will introduce you to mushrooms, their biology and where and when to find them, with the focus on edible species. You will learn how to recognize which are edible and which to avoid. Then, on each day we will venture into the forest, learning as we collect. Bring lunch and a collecting basket or paper bags. Wear appropriate outdoor clothing and sturdy footwear. Presenter: John Field

**First session starts at Capilano University, then proceeds into the forest.** Two Saturdays, 10 am - 3.30 pm, October 20, 27

### **Music to My Ears**

Music has elements of beauty, harmony, and emotion.. How these are combined into an ensemble of unity and continuity come will be described by Canadian platinum awarded singer, songwriter, composer and pianist Ken Johnson. He will show how piano music is created; from lyrics to melody to orchestration. Randeesh Goff, guitarist, and Sam Hope, drummer, will share their lively cultural traditions in Belizean music. You'll bounce in your seat to the primal beat of the drums

-- Gombay, Congo, Base, Steel, and even a guitar used as a drum. You'll get a chance to try the musical instruments during intermission, and also to sample authentic Belizean food.

#### **Lutheran Church, Davis Bay**

Two Sundays, 2 - 4 pm, October 28 & November 4

### **Don't fall for Fraud**

The course will cover current trends in fraud schemes, target groups, vulnerable sectors, and target hardening. As well, the course will cover evidence collection and what a fraud victim needs to gather or produce for effective investigation. The course will also cover aspects of the civil and criminal process, investigative agencies and resources to aid in fraud prevention. Some information sources will be provided too. Presenter: RCMP Sgt. Michael Hacker

#### **Capilano University, Sechelt**

Three Thursdays, 10 am - noon, November 1 - 15

### **The History of Food: Growing, Cooking, Eating**

Survival, sustenance, growth, pleasure - food fuels our existence. The course explores how food has been grown, prepared, preserved, traded, transported, and eaten through the ages. From hunting/gathering to industrialized food, from the fast food revolution to eco-aware eating and developed world food obsessions, we continue both to make and respond to changes in the state of our planet. We are what we eat. Presenters: Christine Pawley & Rosemary Bates

#### **Capilano University, Sechelt**

Four Wednesdays, 10 am - noon, November 7 - 28

### **Citizen Science and the Marine Ecosystem**

Oceans cover 70% of the Earth's surface and the marine environment supports a vast biodiversity of life, from bacteria and plankton to forage fish and baleen whales. This course will introduce you to a selection of the citizen science projects taking place on the Sunshine Coast and the contributions they make to understanding and conserving the marine ecosystem. Participants will learn about the work being done, mostly by volunteers, to monitor the health of the Salish Sea, Strait of Georgia. Presenter: Lee - Ann Ennis

Course starts at **Capilano University, Sechelt**, and continues as field trips to the Nicholas Sonntag Marine Education Centre in Gibsons; and to a chum spawning site. There will be a nominal charge of \$15.00 for the a bus and an entrance fee. Car-pooling will be used if necessary.

Three Tuesdays, 10 am - noon, November 13 - 27

ELDERCOLLEGE PARTNERS  
WITH THE SUNSHINE COAST  
REGIONAL DISTRICT

#### **REGISTER:**

1. In person, at the Sechelt Aquatic Centre, or the Gibsons & Area Community Centre
2. Online at [www.scrd.ca/Recreation](http://www.scrd.ca/Recreation)
3. Telephone at 604-885-7529

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## **COURSES FALL 2018**

