

SECOND DRAFT

ElderU on the Sunshine Coast

Fall 2015

The Digital Revolution: History, Culture and Politics of the Internet.

In our lifetimes, we have witnessed a global revolution and entered the Information Age. What does this mean to information culture and politics? This course will review the evolution of information from the 19th century to the present: developments in communications, the spread of desktop computing, mobile technology, online learning and publishing, social media, the decline of broadcasting. Then on to information ethics, privacy and security, technolust and technostress, the future of libraries -- and more!

*4 Tues
10.00 -- noon*

Sept 9 -- 30

Christine Pawley

\$45

Topics for Lively Conversation

Get involved in lively, thoughtful discussions about current events or philosophical issues in the comfort of a small group. Participants will be invited to research topics, perhaps make presentations, listen and take part in facilitated discussion. Three of the topics will be prepared ahead of time and the class will choose the others. Bring along material from newspapers, magazines, or other media. Opinions, thoughts and ideas definitely welcomed.

*6 Mon
10 am -- noon*

*Sept 14 -- Oct 26.**

*Terry Webb, Michael Goldberg,
& Keith Mitchell*

\$45

*Location: Sunshine Coast Arts Centre, 5714 Medusa Street, Sechelt, BC,
* No class Oct 12 (Thanksgiving Day)*

Artists at Home

Each week we visit an artist's studio. We'll see them at work and how they work. They'll tell us how they came to take up art, and talk about their mentors, their technique and style, their choice of medium and material, and how these have changed and evolved over time. This is a privileged private peek into the artist's thinking and sources of inspiration. You'll likely be surprised and enlightened!

4 Tues
9.30 am -- 12.30

Sept 15 -- Oct 6

Donna Swain

\$45

Don't Deny it – Deal with it!

The Latest Developments in Audiology, Ophthalmology, and Rheumatology.

Inevitably, the body changes as we age. We feel it in our bones. We turn the radio up loud. Our sight dims. In this course, three young specialists will relate how the body ages, and describe developments in technology and pharmacology that can improve how we live with the changes. Three different sessions will look at how aging affects vision, hearing, and joints, and what can (and cannot) be done about it.

3 Fri
2 -- 4 pm

Sept 18 -- Oct 2

Dr. Alison Kydd

Dr. Brian Nelson

Dr. Shannon Maclean

\$45

A Brief History of Western Theatre

Starting with the ancient Greek playwrights and their larger-than-life heroes, we'll explore Medieval, Elizabethan, and Restoration theatre, and on to 19th century classics -- always with an eye to how drama reflects its own time. Finally we'll look at modern theatre in Europe and North America, from realist to absurdist.

4 Thur
2 -- 4 pm

Oct 1 -- 22

Viveca Ohm

\$45

Writing without Rules

This informal, hands-on workshop series is designed to banish the critical voice that whispers in your ear. Reconnect with your creativity through self-discovery. Express yourself without fear of criticism, and write from your memories and from your heart.

*3 Fri
2 -- 4 pm*

Oct 16 -- 30

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Shelley Harrison-Rae

\$45

Foraging for Mushrooms

Discover the wonders of our local forest mushrooms and the joy of hunting for these delectable edibles. An initial session at the Sechelt CapU campus will introduce you to mushrooms, their biology and where and when to find them, with the focus on edible species. You will learn how to recognize which are edible and which to avoid. Then, on each day we will venture into the forest, learning as we collect.

*2 Sat
10.00 am -- 3.30 pm*

Oct 31, Nov 6

John Field

\$45

Bring lunch and a collecting basket or bag. Wear appropriate outdoor clothing and sturdy footwear.

Morality, Money, and Meteorology: Reasons for Climate Optimism

Almost every day brings news about global warming. Over time, we may become numbed, feeling helpless to deal with the issue. In this discussion course, three experts will enlighten us on the latest findings, while giving their encouraging slant on:

- Reducing reliance on fossil fuels and reaping the health benefits of clean air.
- Climate justice; the growing inequality and economic vulnerability of certain parts of the world.
- The economic options for clean capitalism.

Overall, we shall discuss what *we* can do -- especially at home and in our community,

*4 Wed
10 am -- 12 noon*

Nov 18 -- Dec 9

*Joe Harrison, Louis Legal
& Michael Goldberg*

\$45

History of the Cold War

Remember the arms race, the space race and the Cuban missile crisis? The Cold War raged from 1945 to the early 1990s, profoundly affecting Canada and Canadians and dominating our foreign, economic, and defence policy for half a century. This course will look at the Cold War from a historical and political perspective, with emphasis on Canada's role in the "World War that Never Was."

*3 Thur
2 -- 4 pm*

Nov 19 -- Dec 3

Keith Maxwell

\$45