

SUNSHINE COAST
ElderCollege

ELDERCOLLEGE FALL 2022 LIST OF COURSES AND FREE EVENTS

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Note: (*) these courses or free events require registration

For details please refer to the following pages

ELDERCOLLEGE FALL 2022 Courses and Free Events

~~1. Novel Study: The Picture of Dorian Gray~~

This Course is cancelled and rescheduled to Spring 2023



Paintings that come to life and men who are haunted by them! Come and explore Oscar Wilde's only novel in this 4-part lecture series. Published in 1891, this novel was the subject of much outrage and criticism at the time. Oscar Wilde himself led a flamboyant life that came to a tragic end; many aspects of the novel appear to be autobiographical. Put on your critical thinking cap and come dissect a book with Monika Karpinska, college instructor and lover of literature.

Presenter: Monika Karpinska

~~Four Tuesdays: August 23, 30, September 6, 13~~ ~~10am - 12pm~~

~~Venue: TBA~~ ~~Cost: \$35.00~~

2. The Geology of Thormanby Island



The Thormanby Islands were volcanically formed south of the equator 252 - 210 million years ago and were much later surrounded by the Quadra Sands before the last ice age, 25 000 years ago. Geologist Peter Hews will guide us through the “hands on history” of the volcanic bedrock and tectonic collisions evident today. This course has a three-hour field trip that includes riding in a boat from Secret Cove to Thormanby Island. Those registering for the course must be fully vaccinated against COVID 19; please be prepared to provide proof of vaccination at the first session.

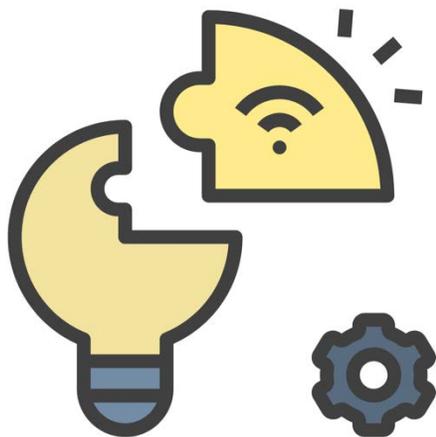
Presenter: Peter Hews

Dates: Three Wednesdays, August 24, 31, September 7
August 24th and September 7th are classroom sessions and will run from 2-4 PM. August 31st is a field trip from 11 AM to 3 PM operating out of Secret Cove Marina. Cost - \$35 plus an additional fee for the Field Trip on September 1st. The additional fee of \$90 will be collected at the first session on August 24th. Payment can be made by cheque made out to the Sunshine Coast ElderCollege Society, or in cash.

Venue: Mission House at Mission Point Park, Davis Bay, Sechelt

Cost: \$35.00 plus \$90 Field Trip

3. Technology: 101



A free course in collaboration with the Sechelt Public library

A two-hour, two session course on the basics and fundamentals of modern computer technology with a focus on mobile devices such as cellphones, tablets, and wearable devices. In the first session we will go over the terminology, origins, and some of the history of modern popular devices. In the second session we will go in depth on participants questions to help provide understanding and comfort with modern devices. Participants do not need any devices or experience with computers but should come prepared with some questions for the second session.

Presenter: Jason Gregory (the library's tech wizard)

Dates: Two Thursdays: September 8, 22

2pm – 4pm

Venue: Sechelt Public Library, Community Room

Cost: Free

Please Note: You must register for this course, space is limited!

4. Conversation Cafe



For those tuned into the big issues of our times, this is a great chance to get involved in lively, thoughtful, and respectful discussion. A wide range of current topics and philosophical questions are explored in the comfort of a small group. Participants will be invited to research topics, make presentations, listen, and take part in moderated discussions. One topic will be prepared ahead of time, and the group will select the rest. Participants are encouraged to bring material from a variety of online sources, magazines, and other media. Opinions, thoughts, and novel insights are always welcomed.

Moderated by: Karen Bell

Dates: Six Mondays – Sept. 19, 26, and Oct. 3, 17, 24 & 31 10 am - 12 pm
No class Oct. 10th, Thanksgiving

Venue: Mission House at Mission Point Park, Davis Bay, Sechelt Cost: \$35.00

6. Adventures in Travel



Another opportunity to participate in this very popular travel course! As in previous sessions, this year we again have four very different and interesting presentations. All presentations are on Thursdays from 10:00 am to noon.

Thursday Sept 29: Mike Healey – My Favorite Places in Japan

Thursday October 6: Bette Chadwick - A Taste of Colombia and its Vibrant Culture

Thursday October 13: Laura Maddalozzo - Churchill, Manitoba: Polar Bears, Lords of the Arctic

Thursday October 20: Rand Rudland – Madagascar: Some of the World's Most Unique Flora and Fauna

Dates: Four Thursdays – September 29 and October 6, 13, 20 10am - 12pm

Venue: Capilano University Campus, Sechelt, Room 120 Cost: \$35.00

7. Energy Conservation and Renewable Production



First, we look at the global context to understand why we need to increase energy conservation and move to renewable energy sources. Next, we look at the top ways to save energy at home and at work.

- Building envelope: Draft-proofing, insulation, windows and doors
- Heating, cooling and ventilation systems including heat pumps
- Lighting and appliances

Next we look at an important topic, options for generating renewable energy

- Grid tied and off grid photo voltaic solar energy
- Wind power electricity generators
- Solar thermal collectors for domestic hot water or space heating

Lastly, examples will be provided showing typical equipment installation costs as well as the expected system payback. We will also look at what a formal energy audit typically covers.

Presenter: Gerry Pageau

Dates: Four Wednesdays – October 5, 12, 19 and 26

10am - 12pm

Venue : Gibsons Public Market, Coastal Room

Cost \$35.00

8. Adapting to Climate Change



Mitigation and Adaptation are the two sides of the necessary human response to climate change. My climate change course in February dealt primarily with mitigation (reducing or eliminating the causes of climate change). The global response so far has also focused on mitigation, but adaptation is just as important, and is becoming more and more important as governments drag their feet on mitigation. This course will deal entirely with adaptation (policies and programs to minimize the impact of climate change on environment, economy, and society). The course will discuss global, national, regional, and individual policies and programs for climate change adaptation. It will focus on ways to adapt to the principal climate change threats – heat waves, drought, wildfire; enhanced storms, wind damage, torrential downpour, freshwater flooding; Food security, local and global; sea level rise, storm surge, coastal flooding and erosion; human displacement, climate refugees, climate induced conflict; ecosystem and non-human species responses to climate change, climate change and disease, extinction and biodiversity loss. It will not be possible to cover all of these issues in detail but the course should give students a good appreciation for the breadth and severity of climate impacts and the potential for individual and political response.

Presenter: Michael Healey

Dates: Four Fridays – Oct. 7, 14, 28 and Nov. 4 (Oct.21, venue not available) 2pm - 4pm

Venue: Gibsons Public Market, Coastal Room

Cost: \$35.00

In Person and on Zoom (**Note:** there are separate registrations for In-Person and Zoom)

9. Love and the Bard



Love abounds in Shakespeare's works: true love and not-so-true; love that touches our hearts and love tinged with wealth and politics; love that needs to test itself and love that simply wraps up the action; star-crossed love and love between friends; parental love and brotherly love. While exploring the range of love and lovers, we'll try to discover what role love played in the life of the Bard himself.

Presenter: Viveca Ohm

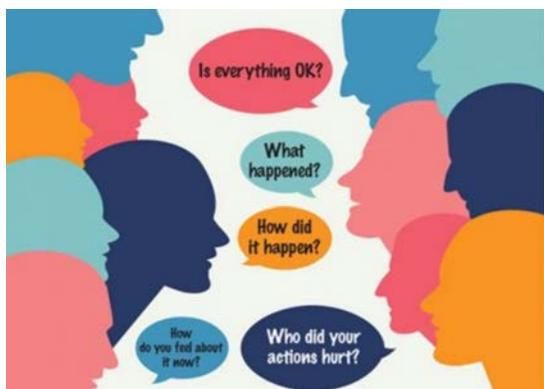
Dates: Four Tuesdays - October 18, 25 and Nov 1, 8

2pm - 4 pm

Venue: Capilano University Campus, Sechelt, Room 120

Cost: \$35.00

10. Restorative Justice



Imagine a non-adversarial, non retributive approach to justice that emphasizes healing for victims, meaningful accountability for those who have caused harm, and the involvement of community members in creating healthier, safer communities.

Imagine justice that provides an opportunity for the 'victim' to be heard by the 'offender', have a say in how harm should be repaired and gain healing and closure.

Imagine justice that provides an opportunity for the 'offender' to face the consequences of their actions, recognize how they have affected others and repair the harm that has been done. **Imagine** justice that does not involve a judge, prosecutor, lawyer or courtroom, but simply victim, offender and volunteer community members seeking consensus. **Imagine** justice that allows victim and offender to be actively supported by family, friends and colleagues. **Imagine** justice based on traditional Indigenous practice confirmed and augmented by modern psychological research. **Imagine** a justice system that strives to resolve community conflict BEFORE offenses occur.

This is what Restorative Justice is! **Imagine** that you can take part in this type of justice. Come learn from Nancy Denham how you can contribute to Restorative Justice in our Community.

Presenter: Nancy Denham.

Dates: Four Thursdays – October 27 and November 3, 10, 17 10am - 12pm

Venue: Mission House at Mission Point Park, Davis Bay, Sechelt Cost: \$35.00

11. Capture Memories with Your iPhone



We'll begin with an introduction to the various controls of the iPhone Camera – focus, exposure and light control, aspect ratios and video, and then examine classical compositional strategies to make your photos more interesting. We move on to use the basic editing app to bring out the best in your photos. Finally, we'll look at a process for reviewing and organizing your photos so that you can always find and enjoy your special memories.

Presenter: Jack Pope

Dates: Four Wednesdays: Nov. 2, 9, 16, and 23 1pm - 3pm

Venue: Mission House at Mission Point Park in Davis Bay, Sechelt Cost:\$35.00

12. Understanding your Septic System



Part 1: The Basics of Private Wastewater Treatment. Do you have a septic system? Come and learn about the different types of septic systems and how to take care of yours!

Part 2: Introduction to Septic Systems and Soil Science. Ever wondered how your septic system works? Come and learn a bit of soil science with Dean Morin, PEng.

Dean is an environment engineer who was in charge of the septic system regulations and the certification of 900 septic installers and designers in Alberta. He helped revamp the septic system safety code and improve training. He has been working in the on-site wastewater industry for 15 years and he can answer any question about septic systems that you can throw his way.

Presenter: Dean Morin

Dates: Two Tuesdays: November 15, 22

10am – 12pm

Venue: St. Hilda's Church, Sechelt, Parish Hall

Cost: \$35.00

13. Welcome to our swiya



Recent events have forced all of us to face the fact that reconciliation with Indigenous Canadians is necessary. Education and personal connections are an obvious way to help achieve reconciliation. “*Welcome to our swiya*” provides our community an opportunity to learn about our shíshálh Nation neighbours, their history, struggles and aspirations in a uniquely Indigenous way. hiwus, known as Calvin Craigan to many of us, is a shíshálh elder, oral knowledge keeper, a hereditary chief of the shíshálh Nation and the youngest Indigenous chief ever elected in Canada. hiwus will tell us the story of the shíshálh people in four storytelling sessions in the shíshálh Nation Longhouse. “*In the Beginning*” will explain the history of the shíshálh people before

contact with Europeans. It will include the history of hiwus’ family, his family lineage, the history of the shíshálh people, culture, language, and way of successfully governing and sustaining themselves.

“*Interference and Interruption*” will describe how, over many decades, settler culture and ways of governing interrupted and interfered with the shíshálh people in very damaging ways. “*Struggle for Independence*” will describe the efforts of the shíshálh people for independence leading to becoming the first Indigenous Nation in Canada to achieve self governance. “*Vision for the Future*” will describe the aspirations of the shíshálh people to live and work together with the settler community in ways that will benefit everyone.

Presenter: hiwus (Calvin Craigan)

Dates: Saturday & Sunday afternoons 2:00 to 4:00 Sept 10 / 11 and Sept 24 /25

Prior to the first session, please review the introductory video at <https://vimeo.com/554919689>

Film made by Digi Majou aka Joah Lui, Produced by Deer Crossing the Art Farm, with funding from Canada Council of the Arts and BC Arts Council.

Venue: shíshálh First Nation Longhouse if health guidelines allow. (Note: that the Longhouse seating is hard, and you may wish to bring a cushion.)

Cost – Free. Open to Everyone - All Ages Welcome

People who registered for this event in 2021 will be given first opportunity to confirm they will attend by August 10, 2022. Registration will be open to others starting August 15, 2022, on the ElderCollege website <https://sunshinecoasteldercollege.ca/>.

Donations will be gratefully accepted at the final session. Funds collected will be used to defray direct costs, with all remaining funds donated to a charity chosen by “siyaya Reconciliation Movement”.

ElderCollege wishes to thank the shíshálh Nation for inviting the community to their Longhouse to listen and learn.

This event will follow all BC Government and shíshálh Nation Health Orders and Guidelines. We highly recommend that masks be worn in the indoor space. Note that the Longhouse will be open to outdoors on three sides during the presentation. If public health guidelines dictate that the Longhouse venue is not suitable, the event may be held at the new outdoor amphitheatre and stage at Hackett Park in Sechelt.

14. 2022 Clifford Smith Memorial Lecture

“Climate Change and Extreme Weather Events”



Presented by: Dr. Rachel H. White, Department of Earth, Ocean and Atmospheric Sciences at UBC

This talk addresses climate change events like the heatwave of 2021 as well as impacts on wildfire, human health, atmospheric rivers and landslides, crops, marine life, and streamflow.

Date and Time: September 17, 2022 Saturday, 2pm – 4pm

Venue: Chatelech High School Theatre, Sechelt

Sponsored by the Sunshine Coast Credit Union and School District 46.

