

ElderU

Fall 2014 Brochure

Please Note:

Most courses will have wait lists, so if you are not able to attend the course for which you have registered, please contact Cap U.

Join us for a preview of the Fall 2014 ElderU courses at Capilano University in Sechelt on Thursday, August 28 at 10:00 am.

Membership Fee. All courses include GST.

Conversation Café

Does thinking change anything? This philosophical discussion series continues with a range of topics that has led us to explore our views on such issues as the power of language and whether happiness is overrated. Moderators will introduce topics and propose ideas for discussion.

5 Mondays Sept 8, 15, 22, 29, Oct 6 Min 10 / Max 20
10 – Noon T. Webb
Course # \$52.50
Offsite: Sunshine Coast Arts Centre, 5714 Medusa Street, Sechelt

The History of Readers and Reading

Who reads what, where, how and why? From the Bible to Dickens to Harry Potter, readers and their reading habits illuminate history. The course will explore reading practices in the West from the 19th century onwards, considering interrelated themes such as social and silent reading, technologies of reading, and reading as cultural capital. Participants are encouraged to share their own past and present reading experiences.

4 Tuesdays Sept 9, 16, 23, 30 Min 10 / Max 26
10 – Noon C. Pawley
Course # \$42.00
Bill Terry

Introduction to the Science of Forestry

The practice of forestry is based on varied and complex science. A great deal of information must be gathered by professional foresters before they can make informed management decisions – all based on science. Many people in the community have opinions and feelings about our forests, and this course will give you an appreciation for the science behind it all. Presented at a level understandable to the lay person, the course will cover one of the many specific sciences of forestry and will include various speakers discussing a different aspect of the science within current forest management practices.

3 Wednesdays Oct 1, 8, 15 Min 10 / Max 26
10 – Noon D. Lasser
Course # \$42.00
Don Gunning?

Hot Topics

Get involved in lively, thoughtful discussions about global, national and local issues in the comfort of a small group. Members will be encouraged to research topics, perhaps make presentations, and mainly take part in discussions. Facilitators will choose topics for research and discussion the following week, and participants may also choose topics of special interest. Bring along material from newspapers, magazines, or other media. Opinions definitely invited.

5 Mondays Oct 20, 27, Nov 3, 17, 24 Min 12/ Max 20
10 – Noon K. Maxwell & M. Goldberg
Course # \$52.50
Offsite: Sunshine Coast Arts Centre, 5714 Medusa Street, Sechelt

Shakespeare's Villains

Shakespeare's villains are a varied lot. Some repent and get a second chance while others descend into ever greater villainy. In this course, we'll have a look at the Bard's baddies and what drives them, from hunchbacked kings and jealous brothers to twisted Romans and hard-hearted Celtic women. We'll look at high-profile villains in *Richard III*, *Macbeth*, *Othello*, *Hamlet*, and *Lear*, as well as lesser ones in other plays, and of course we'll look at video clips. Everyone is welcome.

4 Wednesdays Oct 1, 8, 15, 22 Min 10 / Max 26

2 – 4 pm V. Ohm
Course # \$42.00
Don Gunning

Law for Seniors

Look after yourself and your loved ones by learning about will preparation and the consequences of dying without a will; appointing executors and guardians; the duties and powers of executors; estate assets and liabilities, legacies, and bequests; family trusts; living wills; procedures for probating and administering estates; powers of attorney; estate litigation; disputed wills; and claims under the Wills Variation Act.

3 Fridays Nov 7, 14, 21 Min 10 / Max 26
2 – 4 pm C. Sombrowski, L. Potter, W. Rowe
Course # \$42.00
Not Sure – Laurean Reid?

Law for Seniors – Pender Harbour

Look after yourself and your loved ones by learning about will preparation and the consequences of dying without a will; appointing executors and guardians; the duties and powers of executors; estate assets and liabilities, legacies, and bequests; family trusts; living wills; procedures for probating and administering estates; powers of attorney; estate litigation; disputed wills; and claims under the Wills Variation Act.

3 Thursdays Nov 6, 13, 20 Min 10 / Max 15
11 – 1 pm L. Rae
Course # \$42.00
Location: Madeira Park Law Office, Madeira Park
Joe Harrison

Are You or Will You Become a Caregiver? Be Prepared, Plan Ahead

This course is packed with information being presented from Life Line, St. Mary's Hospital Auxiliary Loan Cupboard, Better at Home program, Home Care Services, a lawyer, a dietician, Hospice Society, a care home, Vancouver Coastal Health, and a funeral home. Learn how to organize and source the help you need; get prepared now and plan ahead. We will cover topics ranging from resources available in the first stages of caregiving to the later stages, including hospice, palliative care, and end-of-life planning.

4 Tuesdays Oct 7, 14, 21, 28 Min 10 /Max 26
2 – 4 pm Various Presenters
Course # \$42.00
Anita Paulin

The Lost Art of Story Telling

Before TV, radio, computers and social media, families and friends would gather round and entertain each other with stories and games. Although we seem to have forgotten this wonderful form of entertainment, we will work to rekindle these skills. All of us have diverse experiences and incredible stories to share with friends, grandchildren and each other. This course will teach you how to bring back that wonderful old tradition of oral story telling. Come and learn how to share your stories in a meaningful and informative way.

3 Thursdays Oct 9, 16, 23 Min 10 / Max 26
2 – 4 pm J. Meyer
Course # \$42.00

History of Choral Music

Learn about the earliest records of choral music from the Renaissance through the Baroque period to the classical era and into modern day, with a guess at what the future will hold. Definitions of terms and biographies of important composers (who changed the direction of choral music or added significantly to its development) will be included, along with musical examples for those who play the piano. We will enjoy recordings of as many musical examples as possible.

3 Mondays Oct 20, 27, Nov 3 Min 10 / Max 30
10 – Noon J. McLeod
Course # \$42.00
Location: St Hilda's Anglican Church, Sechelt

Artist in the Home

Participants will visit the homes and/or studios of four different coastal artists and in this small-group setting will learn what inspires, motivates, and challenges each artist. The artists will discuss their techniques and some will even demonstrate their work. Participants will also have time before and after each studio visit to discuss what they have observed and learned.

4 Wednesdays Oct 8, 15, 22, 29 Min 6 / Max 8
10 – noon E. Hill
Course # \$42.00
Location: Offsite at various artists' studios

The Great War and the Transformation of Canada

The First World War, which started 100 years ago, transformed Canada in so many ways. Canada emerged from that conflict on its way to political independence after losing 65,000 soldiers killed and twice that number with serious wounds. The course will cover the chronology of the war from a Canadian perspective with a look at the politics and policies that shaped Canada's involvement. It will also look at the evolution of the Canadian Corps in the field, as it transformed from a keen but amateur Divisional force in 1915 to a four Division Army Corps of 150,000 soldiers in the field, who were recognized as the most capable force of that size by the end of the war in November 1918. The course will also include a trip to the British Columbia Regiment Museum in downtown Vancouver on Wednesday December 10*.

4 Thursdays Nov 13, 20, 27 Dec 4, 10* Min 10 / Max 30
2 – 4 pm K. Maxwell
Course # \$42.00
Location: Sechelt Legion

There's More Than Gold in Them Thar Hills

As a follow up to "There's Gold in Them Thar Hills", Bob Darney will introduce three new speakers, beginning with an overview of the metal mining and exploration industry in British Columbia. The industry's importance to the province's economy, along with the past, present and future of the mineral industry in BC will be discussed, with an emphasis on how modern mining is responding to meet environmental and social concerns. Speakers will present a Canadian perspective on uranium exploration and mineral deposits and add a global perspective on the nuclear fuel cycle. The history, production, and importance of coal to the economy of BC and Canada will be presented, showing modern methods of extraction and benefaction for export markets. Numerous pictures of industry activities will illustrate the discussion.

Saturdays dates: Min 10 / Max 26
Time B. Darney, D. Lefebure, B. Ryan, M. Gunning
Course # \$42.00
Don Gunning

Adventure Travel

Tunisia (Jack & Sheila Carlson)

Come and visit Tunisia with us – a widely varied country. We see spectacular Roman ruins, a Berber camp, stay in a 5-star “tent” on the Sahara Desert, visit a date oasis, and see how the Troglodytes in the small village of Matmata lived (Star Wars was filmed here). We complete our journey in a magnificent 5-star hotel on the Island of Jerba on the Mediterranean.

India/Thailand/Laos (Jonathan Seymour)

A wedding in Delhi, just before Christmas 2013, provided the opportunity for Jonathan and Olga to spend six weeks traveling in India, mainly within Kerala and Rajasthan. Subsequently, they spent a month in Chiang Mai, before taking a slow boat down the Mekong from Chiang Khong in Northern Thailand to Luang Prabang, the old capital of Laos.

Egypt: Between Revolution and Coup (Bill Terry & Linda Smith)

Linda Smith traveled in Egypt a year before the fall of Hosni Mubarak; Bill Terry two years after. They compare the two Egypts and share their stories of life in Cairo, cruising down the Nile, visiting Pharaonic sites, camping in the western desert, ballooning and other adventures. In addition, Linda will present a special feature on the Holy Family's flight into Egypt and the founding of the Coptic Christian Church.

Southern and East Africa (Rob Bennie)

In 2011 Rob and his wife Janet took a 13,500 km overland trip from Cape Town to Uganda. The trip included climbing the world's highest sand dunes in Namibia, travel by mokoro (canoe) in the Okavango Delta of Botswana, meeting the San Bushmen of the Kalahari Desert, wildlife safaris in Etosha, Serengeti National Park and the Ngorongoro Crater, Zanzibar, a visit to the mountain gorillas in Uganda and finally a climb to the roof of Africa, the 19,000 foot plus summit of Kilimanjaro.

4 Thursdays 10 – noon	Oct 9, 16, 23 and 30 R. Bennie, L. Smith, B. Terry, S. & J. Carlson, J. Seymour	Min 10 / Max 26
Course # Jack Adams	\$42.00	

