

## Conversation Café

Interested in the hot topics of the day? Join us for lively, respectful dialogue in the comfort of a small group.

### Gibsons

Facilitator: Karen Bell  
Six Tuesdays, 10am – 12pm  
March 26, April 2, 9, 16, 23, 30  
Kinsmen's Kin Hut, Gibsons

### Sechelt

Facilitator: Karen Bell  
Six Thursdays, 10am – 12pm  
March 28, April 4, 11, 18, 25, May 2  
Capilano University, Sechelt

## Law for Seniors

Three lawyers discuss will preparation, the consequences of dying without one; appointing executors and guardians, their duties and powers; assets and liabilities, claims under the Wills Variation Act and much more.

Carmen Sombrowski and colleagues  
Three Mondays, 10am – 12pm  
April 8, 15, 22  
The Hall, St. Hilda's Church, Sechelt

## Workshops of Alternative Artisans Tour

"The Old Farts Crawl" offers curated workshop tours of motorcycle restoration, model railroad building, aircraft restoration and automobile restoration. Personal transportation required.

Various presenters  
Four Fridays, 10am – 12pm  
April 26, May 3, 10, 17  
Various Workshops

## Anthropocene: Life on the Edge of Catastrophe

"Earth Systems" scientists recently reported that six of the nine critical system boundaries that maintained our planet in a stable state for 10,000 years have now been breached. With this as background, we review the "Anthropocene Epoch" as well as the "Age of Humans" which recognizes that we too are a force of nature.

Michael Bradley  
Four Tuesdays 2pm – 4pm  
May 7, 14, 21, 28  
Coastal Room, Gibsons Public Market

## Spring Birding on the Sunshine Coast

Participate in a wonder of nature. Includes a one hour classroom session and visits to Sechelt Marsh, Sargeant Bay and the Wilson Creek Estuary.

Tony Greenfield, John Hodges, Jack Pope, Rand Rudland  
Three Wednesdays, 9am – 11am  
May 1, 8, 15  
Sechelt Seniors Activity Centre

## Preview of the Festival of the Written Arts

We read and discuss books by five Canadian authors. Join us for the 22nd year of this interactive and perennially popular course, You will be advised of the title selection well in advance.

Moderators TBA  
Five Thursdays, 10am – 12pm  
May 9, 16, 23, 30, June 6  
Capilano University, Sechelt

## Registration Opens at 8am December 11, 2023

Unless otherwise noted, all courses are \$35 (no GST) and open to ages 55 and up.

Course payment is made online by typing your credit card details directly into our secure web page. Payment is handled through Stripe - a well-known and straightforward payment processor. We regret that we cannot accept cheques or e-transfers.

**Register on our website:**  
[sunshinecoasteldercollege.ca/spring-2024](http://sunshinecoasteldercollege.ca/spring-2024)

**Registration queries:**  
[registrar@sunshinecoasteldercollege.ca](mailto:registrar@sunshinecoasteldercollege.ca)

**General Queries:**  
[info@sunshinecoasteldercollege.ca](mailto:info@sunshinecoasteldercollege.ca)

**Newsletter:** Sign up on our website

## Covid Precautions

In-person courses (ages 55+): We follow BC Government Orders and Guidelines. We recommend that you wear masks in class and are fully vaccinated. Our age group is particularly vulnerable to Covid and variants are a continuing concern. If guidelines change and we transition to Zoom, you can withdraw from your course and receive a full refund

*Sunshine Coast ElderCollege is a non-profit society funded solely by course fees. We receive no grants. Our presenters, facilitators and organizers volunteer their time and expertise.*

[www.sunshinecoasteldercollege.ca](http://www.sunshinecoasteldercollege.ca)

Photography: ©Jack Pope

# SUNSHINE COAST ElderCollege Spring 2024

January – June  
Ages 55 and Up  
All courses \$35

Registration opens 8am  
Monday December 11



See our website for more information  
[www.sunshinecoasteldercollege.ca](http://www.sunshinecoasteldercollege.ca)

# Spring 2024 Courses



See our Website for Full Course Descriptions

## Trace Your Family History

Hands-on class on how to navigate free genealogy websites and compile your discoveries into stories. You must bring your own laptop or tablet.

Lorraine Gallant  
Four Thursdays, 10am – 12pm  
January 11, 18, 25, February 1  
Capilano University, Sechelt

## Capture Memories with your iPhone

Learn the various controls (focus, exposure and video) of the iPhone camera, as well as compositional strategies to create more interesting photos, and much more.

Jack Pope  
Four Mondays, 2pm – 4pm  
January 15, 22, 29, February 5  
Sechelt Seniors Activity Centre

## The Amazing Life and Times of the Pacific Salmon

If you are curious about the abilities of these beautiful fish, who inspire awe and amazement in all who come to know them, this is the course for you.

Michael Healey  
Four Tuesdays, 10am – 12pm  
January 30, February 6, 13, 20  
Venue TBA

## History of Homes

From simple shelter to multi-faceted community; from basic survival to custom designs; from homeland to battlefield; from essential commodity to scarce, elusive human right. We reflect on sustainability, home territories and global migration.

Rosemary Bates Terry, Christine Pawley  
Four Wednesdays, 10am – 12pm  
January 31, February 7, 14, 28  
The Hall, St Hilda's Church, Sechelt

## Are We Alone?

Does extraterrestrial life exist? Are humans the only technologically advanced, intelligent species in the universe? Military pilots have compelling evidence that UAPs (unidentified anomalous phenomena, formerly UFOs) are real. Meet Ameca, an artificial intelligence with an IQ comparable to Einstein's. Join us for a ride on the wild side.

Ray Kostaschuk  
Four Fridays, 10am – 12pm  
February 16, 23, March 1, 8  
Seaside Centre, Sechelt



## To the Barricades: Revolution in Europe

The French Revolution, the rise of Napoleon and the European wide turmoil of this period shaped the modern and political geographic landscapes of a continent and gave rise to our modern world.

Keith Maxwell  
Four Tuesdays, 2pm – 4pm  
February 27, March 5, 12, 19  
Coastal Room, Gibsons Public Market

## Design your Own Garden

This illustrated, hands-on course with a professional gardener will help you plan a new and beautiful garden or renovate your existing garden.

Ayuko Inoue  
Four Thursdays, 2pm – 4pm  
February 29, March 7, 14, 21  
Field Trips TBA  
Capilano University, Sechelt

## How Ethnic, Religious and Nationalist Forces Affect World Conflict

Ukraine, Israel and Palestine, Iraq, North Africa, India and Pakistan are places where political conflict has been violent and long-lasting. We are going to discuss these conflicts and explore solutions.

Eric Gorham  
Four Mondays, 10am – 12pm  
March 4, 11, 18, 25  
Coastal Room, Gibsons Public Market

## The Secret World of the Microscope

The world is full of fascinating sights unseen by the naked eye. We introduce "microscopy" as a tool for scientific experiment and as a hobby. You will have access to a dedicated microscope and there is a significant hands-on component as well as remote viewing of specimen results through University of Victoria's Scanning Electron Microscope.

Michael Bradley  
Four Fridays, 2pm – 4pm  
March 15, 22, April 5, 12  
Capilano University, Sechelt

## Live Theatre Discussions and Performance

### *Blood Relations*, a play by Sharon Pollock.

Performed by the Driftwood Players, this play is a thriller based on the unsolved Borden murders of 1892. There are two classes of analysis before the live performance. The director will attend the final class, which is held after the performance.

Monika Karpinska  
Three Wednesdays, 10am - 12pm  
March 20, 27, April 3  
Capilano University, Sechelt

Performance: Saturday March 30  
Matinee, Heritage Playhouse, Gibsons  
Cost of performance ticket extra