## SUNSHINE COAST

# ElderCollege

## The Challenge of Change: The First 20 Years of Sunshine Coast ElderCollege



 $\label{eq:pope} \begin{tabular}{l} Photo by Jack Pope @ 2021 \\ Instructor "Capture Memories with your iPhone" \\ \end{tabular}$ 

"Education isn't something you can finish."
-Isaac Asimov

## SUNSHINE COAST

## ElderCollege

Paperback ISBN 978-1-7776044-1-7 E Book ISBN 978-1-7776044 PDF ISBN 978-1-777-6044-0-0 Mary Beth Knechtel © 2021 Keith Maxwell © 2021 Appendices Publisher: Sunshine Coast ElderCollege Society

## The Challenge of Change:

## The First 20 Years of Sunshine Coast ElderCollege

Mary Beth Knechtel © 2021

The classroom is packed to the point of standing-room only. The atmosphere is raucous with high-spirited chat in a mixed audience of 55 to 85 year-olds gathered for the bi-annual Preview of courses on offer at the Sunshine Coast ElderCollege in Sechelt, BC. The crowd is eager to meet the line-up of instructors slated to present PowerPoint introductions to their areas of expertise, from "How Rivers Shaped Our Planet" to "An Introduction to iPad" to "Law for Seniors." The 15 courses listed range from hands-on "Foraging for Mushrooms" and "Design Your Own Garden" to "Festival of the Written Arts" and "Conversation Café" or "Hot Topics," perennial favourites. When registration opens the following day, some of these classes will sell out within the first half hour and the waiting list to enrol might equal the number of seats available. Such is the popularity of "Guided Autobiography." The students signing up for this course have the experience of most of a lifetime to record and in this venue they will find a voice and learn how to use it. "Trace Your Ancestors" offers a similar appeal but teaches a different set of research skills for looking back at personal history. Other newer courses like "Restorative Justice" and "Anthropocene" might take longer to fill but enrolment at SC ElderCollege has grown from year to year, proving that for retirees, the learning never ends.



"Conversation Café" at the Sechelt Arts Centre, circa 2013.

Third Age Education has grown as a movement in Europe and North America over the last thirty to forty years. Gerontologists know that physical and mental activities improve quality of life for retired people and that social interaction is essential to their mental well-being. Improved nutrition and health-care in First World countries have resulted in more people living longer lives. We may have loved, or hated, our jobs but eventually retirement time arrives. Almost all of us undergoing this dramatic change of circumstances know the feeling of doubt about whether or not we are making the right decision, voluntary or not. Even if a person is glad to be downing tools for the last time, she or he will wonder if personal identity can survive the loss of job, career,

or profession. The plan to sail around the globe in the good ship "Free At Last" may not leave the harbour. Once the dream home on the ocean is built, a couple may look at each other and wonder: Now what? Retirement can be viewed as the career you begin after paid work is over. It is, however, one of the top three stressors we can experience in life, up there with death of a spouse and moving house.

For many decades the Sunshine Coast of British Columbia has been a well-kept secret retirement spot until in recent years the clement climate and the natural beauty of forest bordering on ocean have drawn growing numbers of folks from Vancouver and other parts of BC, Alberta, eastern Canada and even the United States—especially in the time of California forest fires. The hiking trails and kayak tracks see heavy traffic up and down the Coast. The many volunteer organizations well-supplied with conscientious workers prove that retirees have the time and energy to contribute to causes that benefit the whole community or under-served segments of it. The healthy culture of volunteerism in evidence has been both key to the foundation of SC ElderCollege and the guarantee of its success.

Back in the late 1990s, Pat Forst was Continuing Education coordinator for the branch of Capilano College (now Capilano University or CapU, 2008) located in Sechelt. She brought the 'lifelong learning' concept of third age education to a four person steering committee made up of Margaret and Brian Shaw and Dick and Irene Harrison. Together they designed a four course program delivered in Fall of 2000 on the local Capilano College campus to 77 students. By Spring 2001, the board numbered 11 and seven courses made up the program for 134 students aged 55 plus. (See Appendix One & Two for lists of Board Chairs, Board Members and Program Committees.) Today, in 2020, 15 courses per term attract almost 1000 students annually. (See Appendix Three for lists of Courses and Instructors.)

The success of the ElderCollege enterprise has depended on the generous volunteerism of instructors with the skills and expertise to teach a broad spectrum of subjects to a public eager for self-improvement. Many of the volunteers who teach or assist as facilitators come from a background of university teaching such as Ron Kydd (courses on health care and travel) or public education like David Ible (facilitator for computer literacy); you might say teaching is in their blood. Others are retired professionals like Doctor Erwin Diener (immunology) and Keith Maxwell (historical subjects) who have accumulated a body of knowledge they are willing to share with the community. Many more have pursued an interest or hobby to the level of professionalism such as Russ Tkachuk with "Birding Hotspots" or Jack Pope with "iPhone Photography." Other courses like "Artists in the Studio" (facilitated initially by Ed Hill) and "Law for Seniors" (featuring three or four legal professionals recruited from the community) depend on the inspiration of the facilitators to organize the course presentations. This interesting mix of people willing to teach and an audience eager to learn has produced a Sunshine Coast institution that even in the face of a global pandemic survives and grows.

## History of the Board and Program Committee

Judy Spears was the first Board Chair in 2001 when the Board was responsible for programming as well as executive duties. By 2006/07 when Anne Carr chaired the Board, both a communications and a program committee worked together with the Board to develop course content, recruit volunteer instructors and market the program. In 2008 under Lyle Wharton as Chair, the Board created two separate entities: a new Program Committee which solicited instructors for courses while the Executive Board conducted administrative work. Wharton's hope was to gain more financial control for the EC Board, since it had to make the policy and financial decisions for ElderCollege yet the tuition fees were collected and administered by CapU, North Vancouver, with scant communication between the two.

Keith Maxwell, Board Chair from 2015 to 2017, and Thomas Kern, Chair from 2017 to 2019, were also dissatisfied with the financial limitations of the arrangement with CapU, North Vancouver. In particular, Maxwell expressed concern about CapU's successive increases to course fees with no concomitant increase in service to ElderCollege. Looking back, Ann Hopkins, Chair from 2019 to 2021, pointed out that the CapU registration system was a cumbersome legacy technology more suited to mainstream university students than to an ElderCollege program. Meanwhile, ElderCollege enrolments fell as the fees climbed.

"We needed to make sure the program survived," says Thomas Kern, and that will-to-survive led to significant change. First, under Keith Maxwell with the assistance of Thomas Kern and long-serving Board member, Bill Climie, ElderCollege became a non-profit society; then, the Board negotiated with the Sunshine Coast Regional District to service the registration for ElderCollege charging a nominal per-student fee. As well, EC courses were advertised in the bi-annual Recreation Guide.

That relationship worked well for four years, until COVID-19 shut down SCRD recreation activities. As a result of the shut down and uncertainty about going forward, Sunshine Coast ElderCollege decided to take action; they created an online registration system which they manage in-house. One side benefit has been the lowering of tuition fees since total revenues do not rise to the threshold requiring payment of Provincial Sales Tax. Also, the Board itself assumed responsibility for advertising and promotion of SCEC courses. Financial autonomy and accountability had finally arrived.

Currently, ElderCollege has more than 1,000 people on its mailing list, produces a monthly online newsletter, and maintains an informative website. While the initial Mission Statement and Manual spearheaded by Judy Spears in 2001 has been lost, an up-dated Manual was created by members of the Board in 2020 and is posted on the SCEC website.

## **On-Going SCEC Public Programs and Special Events**

As part of its community service over the years, the SCEC has sponsored public lectures open to everyone.

At one of these lectures, "Response to Paris" in January 2016, Dr. Jim Pawley outlined the conclusions reached and challenges set by the Paris Agreement on climate mitigation. The full house at Chatelec auditorium learned details about this complex agreement and how it would impact all of us, an agreement that that had only been signed one month earlier.

In 2019, ElderCollege collaborated with Sunshine Coast Community Forest and the SCRD in a presentation called "Wildfire on Your Doorstep" which analyzed the reasons for and emergency preparedness in the face of BC's massive forest fires of recent years. The event was recorded by Coast Cable and presented at four other community events from Gibsons to Pender Harbour. As well, a three-part program explaining the work of the Administrative departments of the District of Sechelt en-



Shelagh Rogers lecture (CSML 2016)

lightened public audiences in 2019 (How Does the District of Sechelt Really Work?). Meanwhile, the Clifford Smith Memorial Lecture has been an annual public highlight, featuring local and widely known speakers from across the province talking on relevant topics. (See Appendix Four for a complete list.)

#### Clifford Smith Memorial Lectures: 2007-2020

Clifford Smith was an ElderCollege board member and served as Chair two years before his untimely death in 2006. Smith is remembered as an imaginative and energetic Chair and to honour him the Board created an annual lecture showcasing interesting speakers from both on and off the Coast. Smith and his wife Linda had taught Shakespeare courses for ElderCollege and, fittingly, the board invited Christopher Gaze, actor and artistic director of Bard on the Beach, for the first lecture.

Gaze was followed in subsequent years by a variety of speakers: broadcasters Mark Forsyth, Bill Good Junior, Shelagh Rogers, and Fin Anthony (Thanks for Listening). Other highlights included former Attorney-General Wally Oppal (Is Our Criminal Justice System Too Soft?), former Lieutenant Governor of BC Steven Point (The Literacy Campaign) and educator Mike McKay (When Will What We Know Change the Way We Educate Our Children?). Local luminaries have included Shíshálh Nation Elder, Sxixaxay, Theresa Jeffries, Doctor Eric Paetkau (Tales from the Doc's Side), Doctor Rand Rudland (Lens on the Wild), and Doctor Michael Klein (Challenging the Medical System: The Career of a Dissident Doctor). The 2020 lecture was given by Doctor Erwin Diener, internationally recognized immunologist, a particularly appropriate choice in the year of COVID-19. Doctor Diener delivered "The Immune System: Its Protective and Destructive Nature" online via Zoom, for the first time, to 246 registrants.

### Award to Tony Greenfield



Recipient of the Sovereign's Medal for Volunteers 2018, Tony Greenfield

In January 2018, a long-time instructor for the Sunshine Coast ElderCollege was awarded the Sovereign's Medal for Volunteers on the nomination of the Sunshine Coast ElderCollege Board of Directors. Tony Greenfield, known as "Mr. Birding" in the community, helped teach the "Spring Birding" course for thirteen years. Tony is also the long-term President of the Sunshine Coast Natural History Society, a founding member of the B.C. Field Ornithologists, and has served as a director of the Sunshine Coast Community Forest and president of the Society for the Protection of Sargeant Bay. Recognition of his valued and extensive volunteer work in the community was richly deserved.

#### Award to Laurean Reid



Recipient of the Sovereign's Medal for Volunteers 2019, Laurean Reid

Laurean Reid, long-time volunteer and Chair of the Program Committee at ElderCollege, was a 2019 recipient of the Sovereign's Medal for Volunteers, for which award she was nominated by ElderCollege and Sunshine Coast Association for Community Living. The Sovereign's Medal was presented at a special reception hosted by ElderCollege with the venue at the Seaside Centre donated by the District of Sechelt. Standing in for the Governor General of Canada, Sechelt Mayor Darnel-da Siegers performed the honours in front of many family members and community friends. Dignitaries present from up and down the coast included Gibsons Mayor Bill Beamish, MP Patrick Weiler, SCRD Chair Lori Pratt, and RCMP Staff Sergeant Poppy Hallam. Champagne, tasty finger-food and a marvellous cake enlivened the event, a very special one for ElderCollege.

To mark the end of a successful term and to thank the facilitators, instructors and sponsors such as the Sunshine Coast Credit Union for their generous contributions to the success of ElderCollege, the Boards have hosted Appreciation events at which smoked salmon, sushi and champagne were laid on, and program contributors got to socialize with each other and with Board members, sometimes meeting for the first time. In-person gatherings such as these, however, were suspended for the time being given the restrictions of the 2020 Covid-19 pandemic.

## The Challenge of COVID-19

While small crises inevitably arise, and while instructors, facilitators and course topics come and go, the passion of its volunteers keeps the SCEC program a going concern much appreciated by the thousands of third-age students who have passed through the doors of the classrooms annually and who are now attending online. A debt of gratitude is owed Capilano University who have provided significant space, technology and expertise beginning in 2000. The SCRD supplied invaluable advertising and registration services for some crucial years. Sunshine Coast Credit Union, as well, has been a faithful ongoing supporter of SCEC over the years. It should be noted, however, that currently SC ElderCollege is entirely self-supporting from the tuition fees it charges for courses.

The advent of COVID-19 in January of 2020 meant that public gatherings in enclosed spaces were no longer possible and the

second half of the Spring program had to be cancelled. Over the summer the Executive Board waited on decisions from CapU and the SCRD Recreation program about going forward in the face of a potentially deadly communicable disease. Threatened with an indefinite period of shutdown, ElderCollege took up the challenge. Rather than remain subject to these outside forces, ElderCollege became proactive, designed an online delivery system for classes, plus a self-operated registration system, and mounted a Fall 2020 program of courses. ElderCollege offered free training in using Zoom which meant that a somewhat reluctant older generation managed to join and enjoy a slate of 11 courses over the term. In fact, 90 per cent of surveyed respondents said that Zoom was adequate or good. The EC cohort appears to have made the transition to online programming which will be a factor in future planning.

Thanks to Thomas Kern, Keith Maxwell and Michael Bradley, the technological challenges of shifting from in-person to online programming did not prevent fulfillment of our mission. Zoom may have diminished somewhat the personal contact in the online experience but the appetite for learning in the 55-plus cohort remains avid. Zoom has meant that for some courses (lecture format, for example) class size exceeds previous limits so enrolment can expand. As well, students with physical limitations are now able to attend online where previously they were restricted from joining in-person. Resilient in the face of changes which have shut down less flexible institutions, SC ElderCollege has met the challenge of the pandemic and expects to be a vital force for third-age education for the next twenty years, and beyond.

## **Appendices**

(Compiled by Keith Maxwell)

**Appendix One – Board of Directors and Chairpersons** 

**Appendix Two – Boards of Directors and Program Committee Members** 

**Appendix Three – Courses** 

**Appendix Four – Clifford Smith Memorial Lectures** 

**Appendix Five – Registration** 

## **Appendix One Board of Directors – Chairpersons**

December 2001 – Judy Spears

November 2002 – Gail Riddell

November 2003 – Barry Morrow

November 2004 - Clifford Smith

November 2005 - Ron Kydd

January 2007 – Anne Carr

January 2008 – Lyle Wharton

March 2009 – David Marsh (temporary)

August 2009 - Don Gunning

August 2010 – Jack Adams

August 2011 – Sue Jackel

August 2012 – Jack Adams

August 2013 – Bill Climie

August 2014 – Thelma Schrock

August 2015 - Keith Maxwell

August 2017 – Thomas Kern

August 2019 – Ann Hopkins

## **Appendix Two – Boards of Directors and Program Committee Members**

Note – records are incomplete through to Spring 2010

## Establishment of an Elder College on the Sunshine Coast

<b>Initial Public</b>	Meeting	held on	January	14,	2000

#### Representatives from Capilano College

Lynn Jest – Continuing Education Director

Pat Forst – Continuing Education Director, Capilano College, Sechelt

**Steering Committee** 

Margaret Shaw

Brian Shaw

Irene Harrison

Dick Harrison

#### **Board of Directors – December 2001**

President - Judy Spears

Secretary/Treasurer - Dave Ible

#### **Board of Directors – November 2002**

Chair – Gail Riddell

Vice-Chair – Barry Morrow

 $Secretary/Treasurer-Jim\ McGregor$ 

Curriculum Chair – Peter Gawn

Marketing Chair – Carolyn Simmons

#### **Board of Directors - November 2003**

Chair – Barry Morrow

Vice-Chair – Tim Anderson Secretary/Treasurer - Ron Kydd Marketing Chair - Marilyn Smith Curriculum Chair – Evan Abercrombie **Board of Directors - November 2004** Chair – Clifford Smith

#### **Board of Directors - November 2005**

Chair - Ron Kydd

Secretary – Bill Terry

#### **Board of Directors – January 2007**

Chair – Anne Carr

Vice-Chair – Lyle Wharton

Secretary – Bill Terry

#### **Board of Directors - January 2008**

Chair – Lyle Wharton

Past Chair – Anne Carr

Secretary – Margaret Harrington

#### **Board of Directors – September 2008**

Chair – David Marsh

#### **Program Committee – September 2008**

Co-Chair – Don Gunning

Co-Chair – Russ Tkachuk

### Board Members and Program Committee members serving between 2001 and 2009

Joan O'Brien, Dave Ible, David Johnston, Gail Riddell, Alan Swan, Don Robb, Judy Spears, Carolyn Simmons, Art Green, Peter Gawn, Barry Morrow, Jim McGregor, Evan Abercrombie, Tim Anderson, Pat Forst, Grant Kennedy, Laurean Reid, Gray Waddell, Beth Ellis, Bett McPhee, Maureen Sawkins, Clifford Smith, Marilyn Smith, Bill Terry, Terry Webb, Ron Kydd, Anne Carr, Garth Jones, Marianne Larson, Norma Mercer, Lyle Wharton, Fred Herbert, Judy Wilbee, Jan Kotaska, Joy Jones, Margaret Harrington, Connie Barber, Fran Miller, Joe Harrison, Rosemarie Blenkinsop, Brian Smith, Fred Hitchcock.

Note: In 2009, the "School Year" of September 1 to August 31 was adopted, versus the former Calendar Year.

#### 2009-2010 Board of Directors

Chair – Don Gunning

Vice Chair – Jack Adams

Past Chair – David Marsh

Secretary - Fran Miller

Communications Chair – Rosemarie Blenkinsop

Directors – Joe Harrison, Russ Tkachuk, Bill Climie, Fred Hitchcock, Brian Smith.

**Program Committee** 

Co-Chair – Russ Tkachuk

Co-Chair – Murray Carson

Members – Don Gunning, Jack Adams, Dave Marsh, Terry Webb, Fred Herbert, Joe Harrison, Marcia Mason, Linda Pelton-Duff, Marcia Timbres

#### 2010-2011 Board of Directors

Board Chair - Jack Adams

Vice-Chair – Fred Hitchcock

Secretary – Russ Tkachuk

Past Chair - Don Gunning

Directors - Bill Climie, Jack Corse, Sue Inglis, Sue Jackel, Jim Johnstone, David Marsh, Thelma Schrock

**Program Committee** 

Chair - Murray Carson

Members - Joe Harrison, Fred Herbert, Ron Kydd, Marcia Mason, Keith Maxwell, Linda Pelton-Duff, Ivan Thompson, Marcia Timbres, Terry Webb, Maureen Wright, Caroline Depatie (Capilano University representative)

#### 2011-2012 Board of Directors

Chair - Sue Jackel

Secretary - Russ Tkachuk

Past Chair - Jack Adams

Directors - Bill Climie, Jack Corse, Don Gunning, Sue Inglis, Jim Johnstone, David Marsh, Thelma Schrock

Program Committee

Chair - Murray Carson

Vice Chair - Marcia Timbres

Members -Joe Harrison, Fred Herbert, Ron Kydd, Marcia Mason, Keith Maxwell, Linda Pelton-Duff, Ivan Thompson, Marcia Timbres, Terry Webb, Maureen Wright, Caroline Depatie (Capilano University representative)

#### 2012-2013 Board of Directors

Chair - Jack Adams

Directors - Bill Climie, Jack Corse, Bob Darney, Sue Inglis, Sue Jackel, Jim Johnstone, Ivan Thompson, Thelma Schrock, Russ Tkachuk

#### **Program Committee**

Chair - Marcia Timbres

Murray Carson, Ivan Thompson, Jack Adams, Barry Chambers, Don Gunning, Joe Harrison, Fred Herbert, Ron Kydd, Keith Maxwell, Terry Webb, Caroline Dépatie (Capilano University representative)

#### 2013-2014 Board of Directors

Chair - Bill Climie

Directors - Jack Corse, Bob Darney, Sandra Friedman, Ann Hopkins, Sue Jackel, Thomas Kern, Ivan Thompson, Thelma Schrock, Marie-Belle Treat

#### **Program Committee**

Chair - Marcia Timbres

Members - Sue Jackel, Ivan Thompson, Jack Adams, Barry Chambers, Don Gunning, Joe Harrison, Fred Herbert, Ron Kydd, David Marsh, Keith Maxwell, Anita Paulin, Laurean Reid, Bill Terry, Russ Tkachuk, Terry Webb, Heather Ingram (Capilano University representative)

#### 2014 - 2015 Board of Directors

Chair - Thelma Schrock

Board Executive - Vice Chair, Keith Maxwell; Past Chair, Bill Climie; Secretary, Ann Hopkins

Directors - Doctor Eric Paetkau, Bob Darney, Sandra Friedman, Ann Hopkins, Thomas Kern, Marie-Belle Treat

#### **Program Committee**

Chair - Laurean Reid

Members - Bill Climie, Jack Adams, Barry Chambers, Don Gunning, Joe Harrison, Ron Kydd, David Marsh, Anita Paulin, Russ Tkachuk, Terry Webb.

#### 2015-2016 Board of Directors

Chair - Keith Maxwell

Executive - Thomas Kern - Vice Chair, Thelma Schrock - Past Chair, Ann Hopkins - Secretary

Directors - Stan Dixon, Sandra Friedman, Sherryl Latimer, Ron Nelson, Eric Paetkau, Marie-Belle Treat, Caroline Depatie (Capilano University representative)

Treasurer - Ron Nelson

#### **Program Committee**

Chair - Laurean Reid

Bill Terry - Committee Secretary

Michael Bradley, Barry Chambers, Bill Climie, Joe Harrison, Dana Jantzen, Ron Kydd, Linda Pelton Duff, Ron Pepper, Jack Pope, Russ Tkachuk, Terry Webb, Caroline Depatie (Capilano University representative)

#### 2016-2017 Board of Directors

Chair - Keith Maxwell

Vice Chair - Thomas Kern

Secretary - Ann Hopkins

Directors - Sandra Friedman, Eric Paetkau, Marie-Belle Treat, Ed Steeves, Linda Smith, Bill Climie, Suzanne Perrault (ex officio - Capilano University representative), Adrianne Gadd (ex officio - SCRD representative)

Board Treasurer - Bill Climie

#### **Program Committee**

Chair – Laurean Reid

Acting Chair – Bill Climie

Secretary – Bill Terry

Michael Bradley, Barry Chambers, Bill Climie, Joe Harrison, Dana Jantzen, Ron Kydd, Keith Maxwell, Linda Pelton Duff, Ron Pepper, Jack Pope, Thelma Schrock, Russ Tkachuk, Terry Webb, Roy Wren

#### 2017-2018 Board of Directors

Chair - Thomas Kern

Vice Chair - Ann Hopkins

Treasurer - Bill Climie

Secretary - Linda Smith

Past Chair - Keith Maxwell

Directors - Marilyn Butt, Bill Climie, Sandra Friedman, Ken Harper, Eric Paetkau, Ed Steeves, Suzanne Perrault (Capilano University Representative), Laurean Reid (Program Committee Chair)

#### **Program Committee**

Laurean Reid - Chair

Bill Terry - Secretary

Members - Michael Bradley, Dana Jantzen, Ron Kydd, Keith Maxwell (Board Past-Chair), Jennifer Palmer, Jack Pope, Russ Tkachuk, Terry Webb, Roy Wren

#### 2018 – 2019 Board of Directors

Chair - Thomas Kern

Vice Chair - Ann Hopkins

Treasurer - Bill Climie

Secretary - Linda Smith

Past Chair - Keith Maxwell

Directors - Marilyn Butt, Sandra Friedman, Mary Beth Knechtel, Eric Paetkau, Ed Steeves, Suzanne Perrault (Capilano University Representative)

#### **Program Committee**

Keith Maxwell - Chair

Bill Terry – Secretary

Members - Michael Bradley, Barb Chapman, Joe Harrison, Dana Jantzen, Ron Kydd, Laura Maddalozzo, Pat McDowell, Jack Pope, Laurean Reid, Russ Tkachuk, Terry Webb, Roy Wren

#### 2019-2020 Board of Directors

Chair - Ann Hopkins

Vice Chair - Mary Beth Knechtel

Past Chair - Thomas Kern

Treasurer - Bill Climie

Secretary - Lorraine Gallant

Directors - Marilyn Butt, Ian Cochran, Sandra Friedman, Mary Beth Knechtel, Kareen McCaughan, Eric Paetkau, Ed Steeves, Glen McClughan, Suzanne Perault (Capilano University Representative), Keith Maxwell (Program Committee Chair)

#### **Program Committee**

Chair - Keith Maxwell

Secretary – Barb Chapman

Members - Michael Bradley, Dana Jantzen, Ron Kydd, Laura Maddalozzo, Pat McDowell, Jack Pope, Russ Tkachuk, Roy Wren

#### 2020-2021 Board of Directors

Chair – Ann Hopkins

Vice Chair – Mary Beth Knechtel

Past Chair - Thomas Kern

Treasurer – Lorraine Gallant

Secretary - Rosemarie Blenkinsop

Directors--Ian Cochran, Marilyn Butt, Clint Budd, Sandra Friedman, Ed Steeves, Suzanne Perrault (Capilano University Representative)

Thomas Kern – Program Committee Chair

#### **Program Committee**

Chair – Thomas Kern

Secretary – Barb Chapman

Members - Michael Bradley, Juergen Dankwort, Pat Hausberg, Dana Jantzen, Ron Kydd, Laura Maddalozzo, Keith Maxwell, Kareen McCaughan, Jack Pope, Russ Tkachuk, Roy Wren

## **Appendix Three – Courses**

Note – records are incomplete through Spring 2000–Fall 2010

Fall 2000 4 courses, 77 registrants

Spring 2001 7 courses, 134 registrants

Fall 2001 8 courses, 101 registrants

Spring 2002 11 courses, 198 registrants

Fall 2002 9 courses, 189 registrants

Note – the number of courses is generally unavailable for 2003 to 2009. See Appendix Five for registration numbers.

#### **Spring 2003 198 Registrants**

Fall 2003 11 courses, 191 registrants

Fall 2007 11 courses, 208 registrants

Course	Presenter
Print Making Workshop	Phyllis Surges
The Artist at Home	Ed Hill, Various
Mending the World	Robert Smith

What Makes News? Jerry Thompson, Joy Jones, Bill Terry, Deborah Jones

The Cosmos Douglas Scott, Harvey Richer, Erich Vogt, Janis McKenna

Forest Stewardship Daniel Bouman, Robert Sitter, David Lasser

Splash! Protecting our Water Michael Jackson

Conversation Café Dave Marsh, Patricia Anderson, Norma Mercer, Joy Jones

Writing your Memoirs Betty Keller

Computer Essentials: Level I Matthew Lehmann

Computer Essentials: Level II Matthew Lehmann

#### Spring 2008 9 courses, 232 registrants

Course	Presenter
Adventures in Travel	Bill and Linda Charlton, Jan Kotaska, et al
Festival Preview	Anne Carr, Nancy Dobie, Gillian Kydd, Doug Williams

Dungandan

The Miracle of South Africa: Hudson Janisch

From Despotism to Democracy

The Science of Medicine and

the Art of Healing Doctor Timothy McDowell, Doctor Paul Martiquet, Doctor Tracey Rosenberg

Managing Chronic Health Problems with

Grace and Dignity Nancy McKay, Dianne Paullis, Doctor Laura Jensen, Doctor Valerie Whiffen

The Natural History of the Sunshine Coast Catherine Johnson, Michael Jackson et al

Conversation Café Joy Jones, Dave Marsh, Norma Mercer

Computer Essentials: Level I Matthew Lehman

Computer Essentials: Level II Matthew Lehmann

#### **2008 – Special Presentation**

Honourable Hugh Stansfield, Chief Justice of the Provincial Court: "The Justice System"

#### Fall 2008 9 courses, 276 registrants

**Course** Presenter

18th Century Exploration - the Sunshine Coast Gary Little

American and Canadian Democracy:

What's the Difference, eh? Fred Herbert, Lyle Wharton

Artist at Home Ed Hill and other artists

Aspects of Modern Art Heather Waddell, Gertrude Pacific, Thomas Ziorjen

Chronic Health Issues for Seniors & Caregivers Rick MacDonald and staff of Pender Harbour Clinic

Computer Essentials for Beginners David Marsh

Computer Essentials: Level II Matthew Lehmann

Conversation Café David Marsh, Anne Carr, Joy Jones, John Pass

Foraging for Forest Fungi John Field

Hot Topics Joe Harrison, Sue Jackel, Lyle Wharton

Ice, Plates, and Rocks George Poling, Hugh Gabrielse, Kirstin Clausen

Law for Seniors Hugh Jones, Carmen Sombrowski, Wayne Rowe

Mosquitoes Gotta Fly; Fish Gotta Swim Michael Jackson

This is Your Brain on Age Doctor Siemion Altman, Doctor Faith Auton-Cuff, Doctor Craig Emes

Travel in Mexico Joe Harrison

World of Wonders Chris Oram, Dolph Schluter, Alex MacKay, Edward Auld

#### Fall 2009 13 courses, 290 registrants

#### Spring 2010 15 courses, 228 registrants

#### Fall 2010 14 courses, 337 registrants

**Course** Presenter

Sunshine Coast Maps Gary Little

Adventure Travelling Various

Artists at Home Fran Miller (Moderator)

Conversation Café Terry Webb (Moderator)

Mushroom Foraging John Field

Hot Topics Lyle Wharton (Moderator)

Mystery of Armenia Incomplete record

Comparative Healthcare Incomplete record

Healthy Aging Incomplete record

Milestones in Canadian History Keith Maxwell

New Digital World Russ Tkachuk

Philosopher's Café Fran Miller (Moderator)

Shakespeare's Kings Viveca Ohm

TRIUMPH History Garth Jones

#### Spring 2011 15 courses, 307 registrants

**Course** Presenter

Computer Essentials for Beginners David Marsh

Four Seasons Vegetable Gardening Harry Hill

Canada and International Security Keith Maxwell

Listen and Learn Various

My Ocean Ken Cooke, Frank Whitney, Cindy Harlow, Dianne Sanford,

Bernie Danby, Andy Lamb

Adventure Travels Carl and Sue Armstrong, Alexis Harrington, Peter Jordan

Artist in the Garden Wendy Simmonds

Conversation Café Terry Webb (moderating)

Hot Topics Lyle Wharton (moderating)

Spring Birding Russ Tkachuk

Written Arts Festival Preview Anne Carr

Law for Seniors Various

Memoir Writing Theresa Kishkan and Shelly Harrison Rae

Tea Michelle March

Sunshine Coast Botanical Garden Joe Harrison

#### Fall 2011 14 courses, 345 registrants

**Course** Presenter

Hot Topics Lyle Wharton (moderating)

Conversation Café Terry Webb

Computer Essentials David Marsh

Sunshine Coast Maps Gary Little

Adventures in Travel Elma and Julian Taylor, Don and Patti Gunning, Alexis Harrington

BC Weather & Climate Louis Legal

Canadian History Keith Maxwell

Cetaceans (Thar She Blows) Caitlin Birdsall and Linda Nichol

Food We Eat Russ Tkachuk

Finding Your Roots Sally Walters and John Hodges

Endless Forms Joe Harrison

Shakespeare's Lovers Viveca Ohm

Law for Seniors Carmen Sombrowski, Lois Potter and Wayne Rowe

Seniors Housing Conundrum Sue Jackel

#### Spring 2012 13 courses, 335 registrants

**Course** Presenters

Conversation Café Terry Webb (moderating)

Hot Topics Lyle Wharton (moderating)

Increasing Positive Emotions Elizabeth McNeill

Early History of Europe Keith Maxwell

Personal Tax Planning Ivan Thompson

Adventures in Travel Judi Lees, Peter Jordan, Elena Bakst, Joe Harrison

Written Arts Festival Preview Jack Corse, Nancy Dobie, Gillian Kydd, Doug Williams

Artist in the Science Lab Wendy Simmons

Plates, Quakes and Tsunamis Hu Gabrielse, Jerry Thompson, Glyn Williams-Jones

Latin American Neighbours Joe Harrison, Jack Adams

Write Now – Spell Check Later Shelley Harrison-Rae

Law for Seniors Lois Potter, Carmen Sombrowski, Wayne Rowe

Spring Birding Arnold Skei, Joe Harrison, John Hodges

#### Fall 2012 15 courses, 345 registrants

**Course** Presenter

Finding your Roots Sally Walters and John Hodges

Conversation Café Terry Webb (moderating)

Fools, Fairies and Fantasy Viveca Olm

Artists at Home Ed Hill, Various

Computers David Marsh

BC First Nations Peter Merchant, G. Crowthers, B. Muckle

An Ocean Playground John Rope, J.Rossi, S.Reid

Brain Waves Kathy Thomas, Joan Hibbard

Driving for Seniors Tracy Dubnyk

ABC of Local Government Bruce Milne

Hot Topics Keith Maxwell (moderating)

Mushroom Gathering John Field

Sunshine Coast Maps Gary Little

International Security Keith Maxwell

Law for Seniors Wayne Rowe, Carmen Sombrowski, Lois Potter

#### Spring 2013 14 courses, 305 registrants

**Course** Presenter

Hot Topics Keith Maxwell (moderating)

Story Telling K. Archibald, J. Meyer, J. Harrison

Law for Seniors Carmen Sombrowski, Lois Potter, Wayne Rowe

Brain Waves Joan Hibbard, Kathy Thomas

History of the Roman Republic Keith Maxwell

Conversation Café Terry Webb (moderating)

The Mighty Handful Rifa Hodgson

Geography of BC Brett McGillivray

Adventure Travel S. Claire, D. Pretty, P. Kline, J. Jaschinski

iPod, iPad, iPhone David Marsh

The Coming Climate Catastrophe Doctor Erwin Diener

Keyboard Magic T. Kellough, K. Hume, Ken Dalgleish

Written Arts Festival Preview Anne Carr, Gillian Kydd, Doug Williams, Jack Corse, Nancy Dobie

Birding Hot Spots Russ Tkachuk, John Hodges

#### Fall 2013 12 courses, 305 registrants

**Course** Presenter

Conversation Café Terry Webb (moderating)

Are You/Will You Become a Caregiver?

Anita Paulin

Artist in the Home Ed Hill, Various

The Tortured Genius of Ingmar Bergman Viveca Ohm

iPad for Beginners David Marsh

Adventure Travel Elizabeth McNeil, Ivan Thompson, Rand Rudland, Rob Bennie

Driving for Seniors Constable Tracy Dubnyk

Hot Topics Keith Maxwell, Michael Goldberg (moderating)

Law for Seniors Carmen Sombrowski, Lois Potter, Wayne Rowe

Gold in Them Thar Hills Bob Darney

Man the Barricades! Revolution in Europe Keith Maxwell

Law for Seniors – Pender Harbour Lisa Rae BA, MSc, LLB

#### Spring 2014 15 courses, 311 registrants

**Course** Presenter

Hot Topics Keith Maxwell (moderating)

If You Can Talk - You Can Write! Shelley Harrison-Rae

Introduction to Self Hypnosis Rifa Hodgson

Biological Dilemmas Doctor James Pawley

Healthy Living for Seniors Various

Policies – People & Landscapes of B.C. Brett McGillivray

Brain Waves Kathy Thomas, Joan Hibbard

Conversation Café Terry Webb (moderating)

Introduction to Your iPad David Marsh

Sunshine Coast Maps Garry Little

Howe Sound Pulp & Paper – Good News! Michael Bradley, Khalid Jasim

History of the Roman Empire Keith Maxwell

Baseball: History & Heroes Matt Hartman and Garry Pennington

Festival of the Written Arts Preview Anne Carr, Kit Artus

Spring Birding Russ Tkachuk, Tony Greenfield, Joe Harrison, John Hodges

#### Fall 2014 15 Courses, 256 registrants

**Course** Presenter

Conversation Café Terry Webb (moderating)

The History of Readers and Reading Christine Pawley

Introduction to the Science of Forestry David Lasser

Hot Topics Keith Maxwell (moderating)

Shakespeare's Villains Viveca Ohm

Law for Seniors Carmen Sombrowski, Lois Potter, Wayne Rowe

Law for Seniors – Pender Harbour Lisa Rae

Are You or Will You Become a Caregiver? Various, Anita Paulin

The Lost Art of Story Telling J. Meyer

History of Choral Music J. McLeod

Artist in the Home Ed Hill, Various

The Great War Keith Maxwell

There's More Than Gold in B. Darney, D. Lefebure, B. Ryan, M. Gunning

Them Thar Hills

Adventure Travel R. Bennie, L. Smith, B. Terry, S. & J. Carlson, J. Seymour

#### Spring 2015 14 courses, 285 registrants

**Course** Presenter

Topics for Lively Conversation Terry Webb, Keith Maxwell (moderating)

Energy Makes the World Go Around Doctor Jim Pawley

Astronomy on the Sunshine Coast Michael Bradley

Live Well – Live Longer Various

Fraud Awareness in the 21st Century Constable Jason Aho

Resources, Environment and First Nations Brett McGillivray

An Introduction to Your iPad David Marsh, Marcia Timbres

Behind the Scenes Barry Chambers, Bill Thumm

Simplicity and Serendipity in the Garden Bill Terry

Howe Sound Pulp & Paper Mill: Good News! Michael Bradley, Gerry Pageau

Secret Life of Bees Al Cobbin

The History of Choral Music Joy McLeod

Spring Birding the Sunshine Coast Russ Tkachuk, Tony Greenfield, John Hodges, Rand Rudland

Written Arts Festival Preview Anne Carr, Jill Bert

#### Fall 2015 17 courses, 346 registrants

Note – Last session held under the continuing education program of Capilano University

Course	Presenter
The Digital Revolution	Christine Pawley
An Introduction to your iPad	David Marsh, Marcia Timbres
Topics for Lively Conversation	Keith Maxwell, Terry Webb (moderating)
Artists at Home	Donna Swain, Various
Don't Deny it – Deal with it! Latest Developments-Audiology, Ophthalmology, Rheumatology	Doctor Alison Kydd, Doctor Brian Nelson, Doctor Shannon Maclean
A Brief History of Western Theatre	Viveca Ohm
Sunshine Coast History, Revealed in Historic Maps and Documents	Gary Little
Writing without Rules	Shelley Harrison-Rae
Aquaculture on the Sunshine Coast	Diane Sanford, Justin Henry, Peter Harvey
Foraging for Mushrooms	John Field
Adventure Travel	Jack Stein et al
Driving for Seniors	Jason Aho and Mike Lavric
Morality, Money, and Meteorology	Louis Legal
History of the Cold War	Keith Maxwell

#### Spring 2016 14 courses, 299 registrants

Note – First session held as the independent Sunshine Coast Elder College Society

**Course** Presenter

Topics for Lively Conversation Keith Maxwell, Terry Webb (moderating)

Law for Seniors Session I Lois Potter, Carmen Sombrowski, Wayne Rowe

Law for Seniors Session Pender Harbour Lisa Rae

Responding to Paris Jim Pawley

The Universe Does Not Revolve Around You Michael Bradley

Designing Your Own Garden Ayuko Inoue

An Introduction to your iPad David Marsh and Marcia Timbres

Intentional Communities Michael Bradley, Andrew Scott, Gary Kent, Ron Skene

Serendipity and Simplicity in the Garden Bill Terry

Behind the Scenes Barry Chambers

Is it Time to Move? Sue Jackel, Karen Judd

Solar Energy Gerry Pageau

Festival of the Written Arts Preview Anne Carr, Jill Bert, Dana Jantzen

Spring Birding on the Sunshine Coast Russ Tkachuk, Tony Greenfield, John Hodges, Rand Rudland

#### Fall 2016 13 courses, 327 registrants

**Course** Presenter

Artists in the Studio Donna Swain

A New Lens on the Past Museum Staff

Topics for Lively Conversation Keith Maxwell, Terry Webb (moderating)

Create Photos with your iPhone Jack Pope

iPad for beginners David Marsh and Marcia Timbres

Stop Scaring Yourself Elizabeth McNeil

Keep on Driving! Constable Aho

Cinema of Peter Watkins, Provocateur Bill Terry and Jerry Thompson

Adventures in Travel Various

Foraging for Mushrooms John Field

Myths about Science Michael Bradley

Love and the Bard Viveca Ohm

Special Topics - Middle East Keith Maxwell

#### Spring 2017 16 courses, 316 registrants

**Course** Presenter

Four Billion Years and Counting Peter Hews and Joe Harrison

Eat Well, Live Well Deborah and Gerry Pageau

Can we get to 100% renewables?

Jim Pawley

Topics for Lively Conversation Terry Webb, Keith Maxwell (moderating)

Design Your Own Garden Ayuko Inoue

First Nations of BC: Reclaiming Their Land Brett McGillivray

Dialogue Circles - Toward Reconciliation John and Nancy Denham

Solar Energy Gerry Pageau

Create Stunning Photos with your iPhone Jack Pope

The Art and Science of the Microscope Michael Bradley, Jim Pawley, Joe Harrison, John Field, Doctor Erwin Diener

Plate Tectonics Explains Everything Don Trotter

Law for Seniors Carmen Sombrowski, Wayne Rowe, Lois Potter

An Introduction to your iPad David Marsh and Marcia Timbres

Spring Birding on the Sunshine Coast Greenfield, Hodges, Rudland, Tkachuk

Festival of the WA Preview - Morning Session Anne Carr

Festival of the WA Preview - Afternoon Session Kit Artus

#### Fall 2017 15 courses, 395 registrants

**Course** Presenter

Why Indigenous Literatures Matter Daniel Justice

Hot Topics Keith Maxwell and Terry Webb (moderating)

Artists in the Studio Gigi Hoeller, Hiroshi Shimazaki, George Pratt, Sa Boothroyd

iPad for Beginners David Marsh and Marcia Timbres

Create Stunning Photos iPhone Camera Jack Pope

Adventures in Travel Various presenters

Trace Your Ancestors Lorraine Gallant

Sunshine Coast History Garry Little

Music to my Ears Katherine Hume, Randeesh Goff, Jazz Group of Seven

Dialogue Circles - Toward Reconciliation John and Nancy Denham

Foraging for Mushrooms John Field

The History of Readers and Reading Christine Pawley

Canada and the Second World War Keith Maxwell

Shakespeare – Contemporaries & Conspiracies Viveca Ohm

How Microbes Made Earth Habitable Joe Harrison

#### Spring 2018 18 courses, 408 registrants

**Course** Presenter

Geology of the Sunshine Coast Peter Hews

Hot Topics Keith Maxwell and Terry Webb (moderating)

Law for Seniors - Pender Harbour Lisa Rae

Take Charge of Your Health Care Doctor Laura Knebel, Doctor Marius Welgemoed, Doctor Ro Comey,

Doctor Sara Wadge

An Introduction to your iPad David Marsh and Marcia Timbres

Design Your Own Garden Ayuko Inoue

Trace Your Ancestors Lorraine Gallant

Plant Based Nutrition Deborah and Gerry Pageau

The Anthropocene Michael Bradley, Sarama, Sean Blenkinsop

Solar Energy Gerry Pageau

Create Stunning Photos iPhone Camera Jack Pope

A New Lens on the Past Various presenters

How Rivers Shape our Planet, Civilization Ray Kostaschuk

Law for Seniors - Sechelt Carmen Sombrowski, Wayne Rowe and Lois Potter

Restorative Justice Nancy Denham, Bill Prowse

18th Festival Written Arts AM Class Anne Carr

18th Festival Written Arts PM Class Kit Artus

Spring Birding on the Sunshine Coast Tony Greenfield, John Hodges, Rand Rudland

#### Fall 2018 14 courses, 370 registrants

**Course** Presenter

Shakespeare - Villains, Fools & Fairy Tales Viveca Ohm

Hot Topics Daryl Stennett and Terry Webb (moderating)

Artists in the Studio Several (5 Studios)

Imagining Animals Daniel Justice

An Introduction to your iPad David Marsh and Marcia Timbres

Create, share Stunning Photos w iPhone Jack Pope

Transformation of the BC Economy Brett McGillivray

Revealing the Invisible: The Microscope Michael Bradley

Adventures in Travel Various presenters

Foraging for Mushrooms John Field

Music to my Ears Ken Johnson, Randeesh Goff and Sam Hope

Don't Fall for Fraud RCMP Sergeant Hacker

The History of Food Christine Pawley and Rosemary Bates

Citizen Science - Marine Ecosystem Lee-Ann Ennis

#### Spring 2019 14 courses, 347 registrants

**Course** Presenter

Geology of the Gibsons Aquifer Peter Hews

Take charge of your health care Four Presenters

Hot Topics Terry Webb and Daryl Stennett (moderating)

Design Your Own Garden Ayuko Inoue

Trace Your Family History Lorraine Gallant

The Use and Misuse of Social Media Jessica Marola, Bruce Milne, Julie Rogers, Sean Eckford, Teresa Eckford

Early Canadian History Keith Maxwell

Law for Seniors Carmen Sombrowski, Wayne Rowe, Lois Potter

Our Ancient DNA Legacy Joe Harrison

Climate of Change Jim Pawley, Michael Bradley

Troubled Waters: Freshwater Crisis Ray Kostaschuk

Restorative Justice Nancy Denham, Bill Prowse

Festival of the Written Arts Preview Kit Artus

Create and Share Photos with your iPhone Jack Pope

Spring Birding on the Sunshine Coast Rand Rudland

#### Fall 2019 13 courses, 301 registrants

Course	Presenter

Geology of Thormanby Island Peter Hews

Artists in the Studio Five Artists

A New Lens on the Past Museum Staff

History of Western Theatre Viveca Ohm

Hot Topics Selma Swaab (moderating)

Stunning Photos with your iPhone Jack Pope

Adventures in Travel Various (4)

Plant Based Nutrition Deborah Pageau

Mushroom Gathering John Field

Citizen Science - Marine Ecosystem Lee-Ann Ennis

Solar Energy Gerry Pageau

Living in and with the Anthropocene Michael Bradley

Immunology Irwin Diener

#### Spring 2020 18 courses, 426 registrants

<u>Note</u> – Due to the COVID-19 Pandemic several courses were curtailed (\*) or cancelled (\*\*)

Presenter

\*Low Carbonate Geology Peter Hews

Speculative Fiction Daniel Justice

Take Charge of your Health Care Various (4)

Hot Topics Selma Swaab (moderating)

Trace Your Family History Lorraine Gallant

History of Drink & Drinking Christine Pawley and Rosemary Bates

\*Design Your Own Garden Ayuko Inoue

\*Photos with your iPhone Jack Pope

Social Media Boot Camp Julie Rogers

\*\*Canadian History from 1848 Keith Maxwell

\*\*Astrogeomorphology Ray Kostaschuk

\*\*Law for Seniors Carmen Sombrowski et al

\*\*National Historical Sites Michael Starr

\*\*Introduction to Astronomy Various from Astronomy Club

\*\*Festival of the Written Arts Preview Pam Horner

\*\*Festival of the Written Arts Preview Kit Artus

\*\*Restorative Justice Nancy Denham, Bill Prowse

\*\*Spring Birding Russ Tkachuk, Various

#### Fall 2020 11 courses, 245 registrants

Note – courses for the Fall 2020 program were all presented online using the Zoom application

#### **Course** Presenter

Restorative Justice Nancy Denham, Ian Cochran

Mythical Creatures Viveca Ohm

Hot Topics Pat Hausberg and Selma Swaab (moderating)

Artists in the Studio George Pratt, Sandy Kay, Coralie Swaney, Ruth Rodgers, Marlene Lowden

Drawdown Judith Gordon

Enjoying Science Fiction Various

Adventures in Travel Phil and Holly Cunnington, Bette Chadwick, Barb Chapman,

Gill and Ron Kydd

Astrogeomorphology Ray Kostaschuk

Canadian History Keith Maxwell

An Introduction to Astronomy Members of the Sunshine Coast Astronomy Club

Create Great Photos with your iPhone Jack Pope

#### **Appendix Four – Clifford Smith Memorial Lectures**

- 2007 Christopher Gaze, OBC, Artistic Director, Bard on the Beach Shakespeare Festival "All the World's a Stage"
- 2008 Mark Forsythe and Greg Dickson "The Trail of 1858"
- 2009 Doctor Ralph Sultan "Global Economic Crises And You!"
- 2010 Bill Good "Media: The Good, The Bad and The Ugly"
- 2011 Elder Sxixaxay (Theresa Jeffries), shíshálh Nation "Keepers of the Culture: Women and Education"
- 2012 Wally Oppal, Q.C., former Attorney General of BC "Is Our Criminal Justice System Too Soft?"
- 2013 Former Lieutenant Governor, The Honorable Steven Point, OBC "The Literacy Campaign"
- 2014 Doctor Eric Paetkau, medical doctor and author "Tales from the Doc's Side"
- 2015 Fin Anthony, broadcaster "Thanks for Listening"
- 2016 Shelagh Rogers, CBC Radio host "I Hear Voices, Reflections on being an Honorary Witness for the Truth and Reconciliation Commission"
- 2017 Doctor Rand Rudland "Lens on the Wild"
- 2018 Educator Mike McKay "When will what we know change how we educate our children?"
- 2019 Doctor Michael C. Klein "Challenging the Medical System: The Career of a Dissident Doctor"
- 2020 Doctor Erwin Diener "The Immune System: Its Protective and Destructive Nature"

## **Appendix Five – Registration**

Academic Year	Fall	Spring	Total
2000-01	77	134	211
2001-02	101	181	281
2002-03	189	198	377
2003-04	191	185	376
2004-05	178	155	333
2005-06	103	181	284
2006-07	222	164	386
2007-08	208	232	440
2008-09	276	222	498
2009-10	291	263	554
2010-11	337	307	644
2011-12	345	335	680
2012-13	345	370	715
2013-14	305	311	616
2014-15	256	285	541
2015-16	346	299	645
2016-17	327	316	643
2017-18	395	408	803
2018-19	370	347	717
2019-20	301	426*	727
2020-20	233**		

<sup>\*</sup> This session was cancelled at the midway point in March 2020 due to the COVID 19 pandemic.

<sup>\*\*</sup> This session was conducted as remote learning using the Zoom online presentation system.

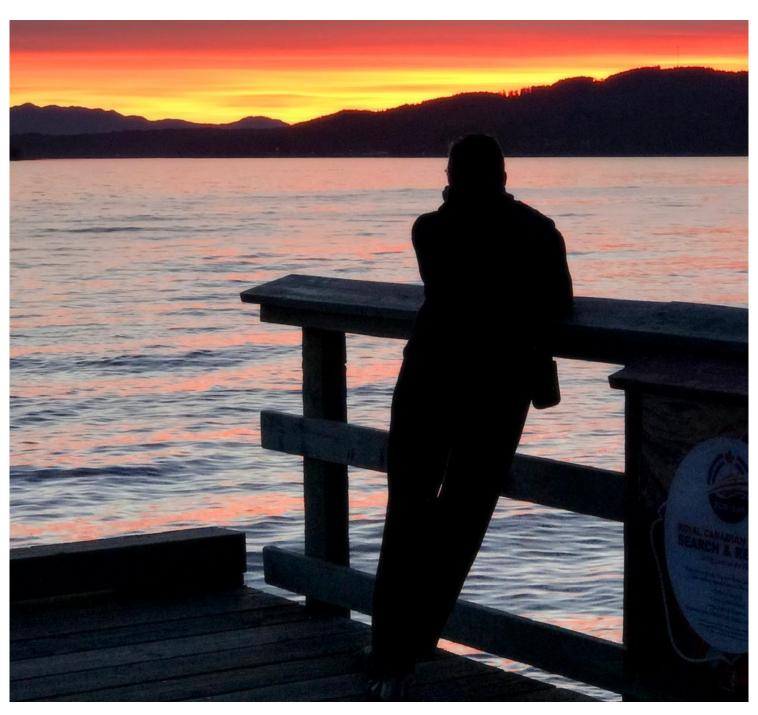


Photo by Jack Pope © 2021 Instructor "Capture Memories with your iPhone"