

Week 4 Outline: Writing and Reading about Food

Cooking Knowledge

Before cookbooks
Early sources & early cookbooks
18th and 19th century cookbooks
20th century - cookbooks and more cookbooks - accessibility
Cooking in print media, on radio, television

More than Cooking – Eating, too

Gastronomy
Nutrition
Diet and dieting

Food and Society

Health & Regulation – state involvement

Food and Population

Malthus, et al

Food and Culture

The anthropology of eating
The local foods movement

http://articles.latimes.com/1985-05-23/food/fo-8362_1_ancient-recipes
<https://www.bustle.com/articles/162789-7-of-the-oldest-recipes-in-history>
<https://nyamcenterforhistory.org/2015/10/15/cook-like-a-roman/>